

# Transportation in an Age-Friendly Community

---

Virginia Dize  
USAgings/NADTC



*Photo Credit: City of Boston's Commission on  
Affairs of the Elderly, Boston, MA*

# National Aging & Disability Transportation Center

NADTC is a federally recognized technical assistance center funded through an agreement between Easterseals, USAging and the Federal Transit Administration



# National Aging & Disability Transportation Center

## What We Provide

- Technical Assistance & Training
- Publications & Resources
- Partnerships and Coordination
  - Transportation Diversity, Equity, Inclusion & Accessibility
  - Coordination
- Community Grants

[www.nadtc.org](http://www.nadtc.org)



Join Our Mailing List!

# National Accessible Transportation Accelerator Network (NATAN)

- Nationwide network of over 1,500 people
- Monthly newsletter with events, resources, funding opportunities, surveys, news, and more.
- <https://acl.gov/TransportationCenter>



Accessible Transportation  
Resource Center

## Transportation in an Age-Friendly Community supports...

- Housing access
- Neighborhood connections
- Environmental integrity
- Engagement with friends, neighbors and family and in community activities
- Healthy aging and healthcare access
- Opportunities to live, work & play

*A vibrant, livable community for everyone!*

# Network of Transportation Options

- Fixed Route Public Transit
- Local ADA Paratransit (limited-service area)
- Demand Response Transportation
- Transportation on Demand:
  - Taxi, Uber, Lyft
  - Micromobility
- Neighborhood Shuttles
- Medicaid Non-Emergency Medical Transportation
- Friends, Family and Caregivers
- Volunteer Services
- Driving
- Transportation Vouchers
- Walking/Biking

## Americans with Disabilities Act (ADA)

- Driver assistance
- Accessible vehicles and connections
- Accessible pathways and stops
- Effective communications and accessible trip booking
- Reasonable modification to policy
- **NOTE:** Not everyone who qualifies for paratransit needs a wheelchair-accessible vehicle

# Transportation Funding

- Enhanced Mobility for Seniors and Individuals with Disabilities (Section 5310)
- Other Federal Transit Administration (FTA) Funding: Sections 5307, 5311
- Older Americans Act
- State Funding
- Local Funding
- Private Funding
- Fares



# Biggest Transportation Needs

## Top Destinations:

- Medical
- Grocery
- Visit Family & Friends
- Pharmacy

Source: NADTC 2021 Survey of Diverse Older Adults, Younger Adults with Disabilities and Caregivers

## What do older adults and caregivers want in transportation?

- Reliable rides
- Safety
- Rider assistance when needed
- Courteous service
- Affordable trips
- Easy to book trip and trip information
- Family or companions can ride on with them

# Community Transportation Challenges

## Whether National, Regional or Local:

- Affordability
- Funding
- Repeat Needs (e.g., dialysis, cancer treatment, adult day services)
- Cross jurisdictional travel
- Availability of transportation options/lack of options (e.g., rural)
- Access to transportation information

# Transportation Challenges

There is no single “go-to” information resource for alternative transportation options. Most turn to family and friends for help.

Matching community transportation resources to the individual’s needs

## A Network of Transportation Partners

- One-Call/One-Click Transportation Resource Centers
- Mobility Managers
- Transportation Options Counseling Programs
- Transit Agencies
- Aging and Disability Resource Centers (ADRCs)
- Area Agency on Aging (AAA)
- Center for Independent Living (CIL) Information and Referral/Assistance Programs
- 2-1-1
- Disability agencies

## What are the transportation challenges in your community?

- Identify the experts: transportation, aging, disability, diversity
- Engage and empower older adults, people with disabilities, caregivers
- Involve the community
- Prioritize need



**Call toll-free:** 866.983.3222

**Email:** [contact@nadtc.org](mailto:contact@nadtc.org)

**Web:** [www.nadtc.org](http://www.nadtc.org)

**Find us** on Facebook, Twitter, YouTube & LinkedIn!

