



Age-Friendly  *Communities*
C O L L A B O R A T I V E

Quarterly
Meeting

June 2, 2022

Aging in a Changing Region Program Updates

Kyle Smith, MMC
Brad Winick, Planning/Aging

Aging in a Changing Region: Workshops

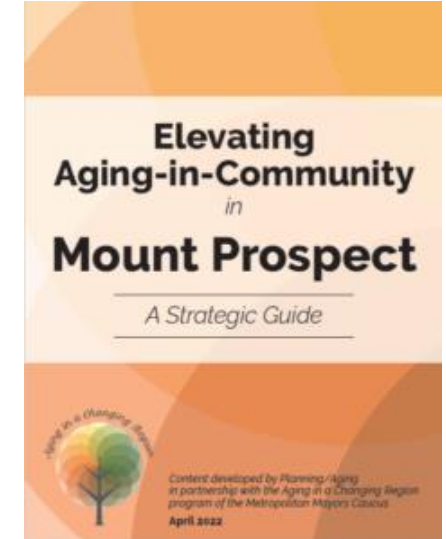
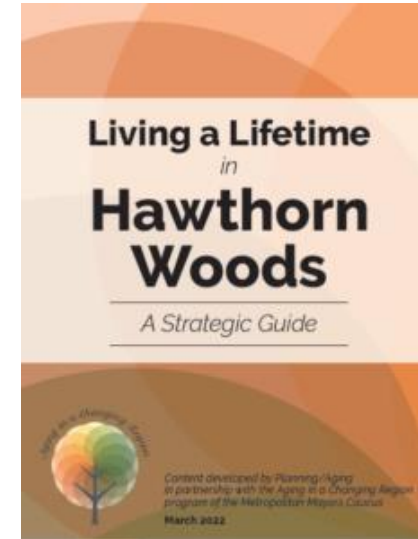
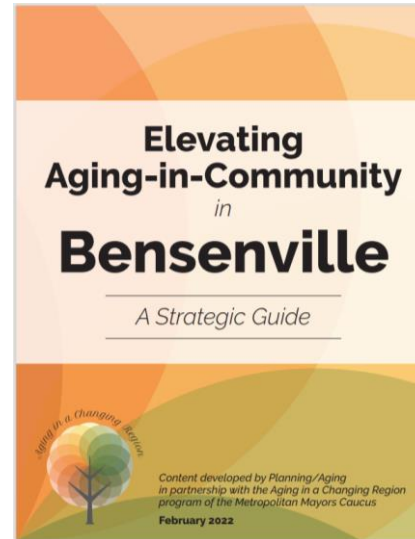
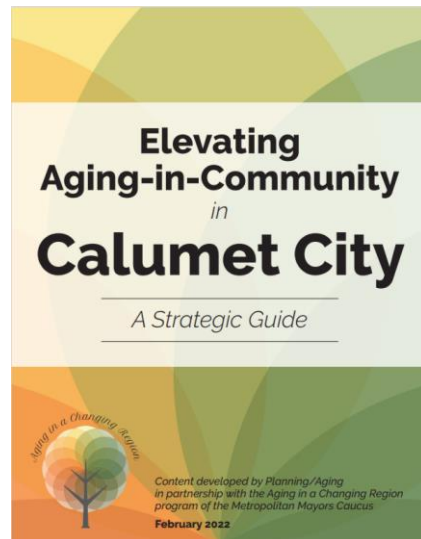
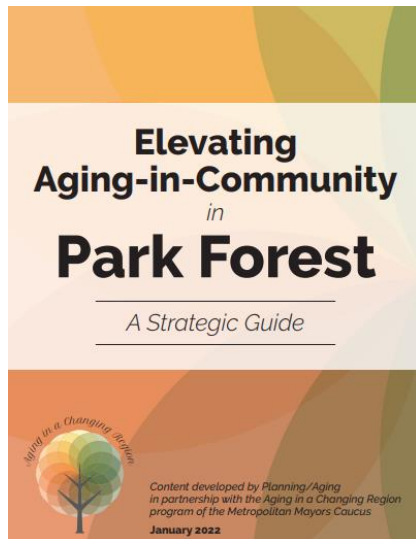
Program overview

- Free program, funded by RRF Foundation on Aging
- Workshops led by Planning/Aging: short, targeted, and customized to local context
- Technical Assistance led by Chicago Metropolitan Agency for Planning
- Currently in second year

Aging in a Changing Region was designed through your input in a breakout advisory group.



Aging in a Changing Region: Workshops, Year 1



Aging in a Changing Region: Workshops, Year 1



Aging in a Changing Region: Workshops, Year 2

Planning/Aging will run workshops for 3 communities in the 2022 Cohort:

Municipality	Council of Government
Maywood	West Central Municipal Conference
Richton Park	South Suburban Mayors & Managers Association
Yorkville	Metro West Council of Government

We are interviewing 5 communities for the remaining 2 slots and will announce in June.



Aging in a Changing Region: Technical Assistance

Chicago Metropolitan Agency for Planning has progressed on Aging-in-Community Guidebook which will be:

- **Thorough:** resources in housing, transportation, health
- **Lasting:** recommendations for locality to update & disseminate
- **Replicable:** a template that other municipalities can adapt



Aging in a Changing Region: Guidebook Summit

Some lessons learned so far:

- Municipalities need a point of contact responsible for older adults, who can help point them to resources in the book.
- Provider information kept simple: name, number, and email.
- Hard copies are important due to digital divide.
- Digital copies are important for children living out of state.
- Avoid buzzwords.

CMAP is happy to present the final guide at our August AFCC meeting.



Aging in a Changing Region: Year 3

We're asking for a renewal of funding for Year 3, so please stay engaged if your municipality would like to benefit from the program!



Age-friendly Communities Collaborative Regional Approach Discussion

HOW WE GOT HERE: February Meeting Recap

Presentation from Bill Armbruster, Director of AARP Age-friendly Program

Benefits of AARP Designation:

- Community assessment tool
- Age-friendly portal
- Age-friendly community challenge grants
- Access to national best practices that we can emulate

A regional approach would unlock these possibilities for all 275+ municipalities in the region.



SHOULD WE TAKE A REGIONAL APPROACH?

We would be the first Age-friendly Region in the United States.

Pros

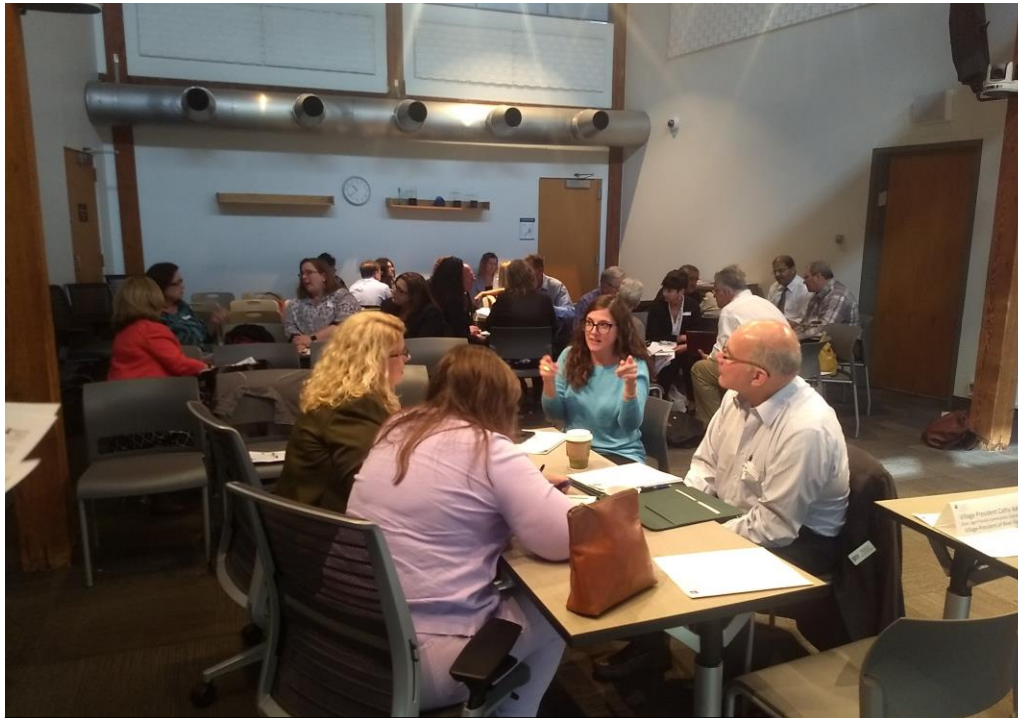
- Gives us access to AARP portal & national case studies
- Helps us build on our successes: 2019 Action Agenda, AiaCR program, quarterly meetings
- Gives us attention and celebration as a collaborative & region

Cons

- Takes MMC staff time to develop plan for AARP application
- Takes AAFC meeting capacity



2019 ACTION AGENDA



Hard To Do Over Zoom!



Age-Friendly Communities
COLLABORATIVE

RECOMMEND: WORKING GROUP STRUCTURE

Model off of MMC DEI Working Group, which has met since May 2021:

- Meets monthly for 1 hr via Zoom
- Smaller meeting attendance
- Tighter meetings focus on one shared topic per month
- Municipal dialogue, no presentations
- Last 5 minutes spent identifying questions for next meeting



RECOMMEND: AFCC WORKING GROUP

Staff Recommendation: Convene a similar Working Group to review 2019 Action Agenda

Age-friendly Collaborative	June 2 (this meeting) <ul style="list-style-type: none">Review survey results	September 1: <ul style="list-style-type: none">Report back on findings from working group	December 1: <ul style="list-style-type: none">Presentation of proposed regional strategyApproval or amendment of strategy for AARP
Monthly Working Group (Proposed)	June – August: <ul style="list-style-type: none">Agree to topicsMeetings on housing & transportation	September – November: <ul style="list-style-type: none">Meetings on health, safety, and engagement	December: <ul style="list-style-type: none">Agree to final regional strategyDecide whether to keep meeting

VOLUNTEERS?