

Aging in a Changing Region Workshop Application

What makes your community a good place for residents of all ages to live? How about your growing number of older residents? How do your community's priorities affect these older residents? As life expectancies increase while birth rates stagnate, the population of most communities is growing older. Many communities are thinking about the impacts of this age shift on all aspects of their community, such as its land use, housing stock, accessibility, open spaces and community places, goods and services, etc. Making a community age-friendlier for its older residents will make it age-friendlier for all residents.

The Metropolitan Mayors Caucus and Planning/Aging are proud to announce the Aging in a Changing Region Program, which will help selected communities with Tailored Workshops to help elected officials and staff develop some of the first steps towards becoming an age-friendly community.

Led by Planning/Aging, these aging-in-place workshops will be customized to each participating community. The workshops will include an aging-in-community background presentation, attendee input, and a facilitated discussion on local issues, challenges, and opportunities. Specific local issues of concern may include:

- Homeowners aging in their houses, falling behind on repairs, with few available options to downsize;
- Residents lacking transportation options to run errands, get groceries, or go to the doctor;
- Residents stuck at home without broadband or a connection to their community;
- Services and facilities not designed for the growing share of older residents.

Please fill out this Workshop Application to be considered for this free workshop-based assistance. The form includes a short assessment of existing municipal policy and activities to help us best tailor any assistance to your needs. All workshops will be scheduled in calendar year 2022 and will conclude with each municipality being provided a custom strategic guide with aging-in-community recommendations to assist them going forward. Strategic guides from the 2021 Aging in a Changing Region cohort can be found at: <https://mayorscaucus.org/initiatives/aging-in-community/aging-in-a-changing-region/>.

The Aging in a Changing Region initiative is generously supported by RRF Foundation for Aging, and participation is free for communities. For more information on how your community can get involved, please contact Kyle Smith, ksmith@mayorscaucus.org.

Please fill out this application online at <https://tinyurl.com/AiaCR-2022-Application>



Municipal Contact Information

Please provide the contact information for your community.

*Required

1. Organization Name*

2. Contact Name*

3. Contact Title*

4. Contact E-mail*

5. Contact Phone Number*

Self-Assessment

Please assess your current involvement in addressing aging-in-place in your community by answering the question below.

6. Please indicate which statement best reflects your municipality's engagement with aging-in-place/aging-in-community: *

☐ **Interest** - We have become interested in addressing aging-in-place/aging-in-community.

Answer questions on pages 4-6

☐ **Early Involvement** - We explored this issue, but have not committed to a particular framework or decided on specific age/dementia-friendly initiatives.

Answer questions on pages 7-11

☐ **Advanced Involvement** - We have achieved age-friendly and/or dementia-friendly designation, and may have identified specific age/dementia-friendly initiatives.

Answer questions on pages 12-16

Interest

Please answer the questions below. This section aims to initially assess your involvement with aging-in-place/aging-in-community to date. There are no right or wrong answers to this section. Planning/Aging and the Mayors Caucus intend to use it to customize workshop curricula to your local issues.

7. Please indicate the reasons you are interested in making your municipality more age/dementia-friendly. (Choose all that apply) *

☐ Growth of our older adult population

☐ Desire for convenient support services for our older adult population ☐

Desire for appropriate housing options for our older adult population ☐

Desire for appropriate transportation for our older adult population

☐ Desire for safe/convenient municipal buildings and outdoor spaces for our older adult population

☐ Desire for improved inter & multi-generational opportunities in our municipality

☐

Other

8. What are some of your municipality's biggest challenges? (Choose all that apply) *

- ☐ Safety - residents' concerns about perception of their safety within our municipality
- ☐ Housing - need to support older adults' ability to age in their current residences
- ☐ Housing - need to provide more/different housing options within the community
- ☐ Community connectivity - concerns about the condition of our streets and sidewalks
- ☐ Transportation - need to support older adults' ability to get around without relying on private automobiles
- ☐ Accessibility - need to make our municipal buildings and outdoor spaces more accessible
- ☐ Building condition - too many vacant or abandoned buildings
- ☐ Land use - too many vacant or abandoned buildings
- ☐ Basic services - need for better basic services such as food and health care
- ☐ Social engagement - improve the ability for residents to engage community services
- ☐

Other

9. Are there specific elected officials, commissioners, and/or municipal staff who are engaged on these issues? *

☐ Yes

☐ No

10. If yes, who?

11. Can you identify other individuals or groups from either within or nearby your municipality who would benefit from training/education about age/dementia-friendly strategies? *

☐ Yes
☐ No

12. If yes, who?

13. Please provide any additional information or comments that your municipality would like to share as we consider your application.

Early Involvement

Please answer the questions below. This section aims to initially assess your involvement with aging-in-place/aging-in-community to date. There are no right or wrong answers to this section. Planning/Aging and the Mayors Caucus intend to use it to customize workshop curricula to your local issues.

14. Please indicate the reasons you are interested in making your municipality more age/dementia-friendly. (Choose all that apply) *

- ☐ Growth of our older adult population
- ☐ Desire for convenient support services for our older adult population
- ☐ Desire for appropriate housing options for our older adult population
- ☐ Desire for appropriate transportation for our older adult population
- ☐ Desire for safe/convenient municipal buildings and outdoor spaces for our older adult population
- ☐ Desire for improved inter & multi-generational opportunities in our municipality

☐

Other

15. What are some of your municipality's biggest challenges? (Choose all that apply) *

- ☐ Safety - residents' concerns about perception of their safety within our municipality
- ☐ Housing - need to support older adults' ability to age in their current residences
- ☐ Housing - need to provide more/different housing options within the community
- ☐ Community connectivity - concerns about the condition of our streets and sidewalks
- ☐ Transportation - need to support older adults' ability to get around without relying on private automobiles
- ☐ Accessibility - need to make our municipal buildings and outdoor spaces more accessible
- ☐ Building condition - too many vacant or abandoned buildings
- ☐ Land use - too many vacant or abandoned buildings
- ☐ Basic services - need for better basic services such as food and health care
- ☐ Social engagement - improve the ability for residents to engage community services
- ☐

Other

16. Has your municipality's age/dementia-friendly effort identified specific goals related to any of these issues? *

☐ Yes

☐ No

17. If yes, what are they, and how are you doing in meeting these goals?

18. Have you assessed the assets and challenges for your municipality's current age/dementia-friendly aspirations? *

☐ Yes

☐ No

19. If no, are you planning to do so? What are there reasons you have been unable to do so to date? *

20. Either based upon your assessment or your own observations, what are your municipality's current age/dementia-friendly strengths or assets? *

21. Either based upon your assessment or your own observations, what are your municipality's current age/dementia-friendly weaknesses or challenges? *

22. Can you identify specific training or education needs that would help your municipality's age/dementia-friendly efforts? *

☐ Yes

☐ No

23. If yes, what are they?

24. Are there specific elected officials, commissioners, and/or municipal staff who are engaged on these issues? *

☐ Yes

☐ No

25. If yes, who?

26. Can you identify other individuals or groups from either within or nearby your municipality who would benefit from training/education about age/dementia-friendly strategies? *

☐ Yes
☒ No

27. If yes, who?

28. Please provide any additional information or comments your municipality would like to share as we consider your application. *

Advanced Involvement

Please answer the questions below. This section aims to initially assess your involvement with aging-in-place/aging-in-community to date. There are no right or wrong answers to this section. Planning/Aging and the Mayors Caucus intend to use it to customize workshop curricula to your local issues.

29. Please indicate the reasons you are interested in making your municipality more age/dementia-friendly. (Choose all that apply) *

- ☐ Growth of our older adult population
- ☐ Desire for convenient support services for our older adult population
- ☐ Desire for appropriate housing options for our older adult population
- ☐ Desire for appropriate transportation for our older adult population
- ☐ Desire for safe/convenient municipal buildings and outdoor spaces for our older adult population
- ☐ Desire for improved inter & multi-generational opportunities in our municipality

☐

Other

30. What are some of your municipality's biggest challenges? (Choose all that apply) *

- ☐ Safety - residents' concerns about perception of their safety within our municipality
- ☐ Housing - need to support older adults' ability to age in their current residences
- ☐ Housing - need to provide more/different housing options within the community
- ☐ Community connectivity - concerns about the condition of our streets and sidewalks
- ☐ Transportation - need to support older adults' ability to get around without relying on private automobiles
- ☐ Accessibility - need to make our municipal buildings and outdoor spaces more accessible
- ☐ Building condition - too many vacant or abandoned buildings
- ☐ Land use - too many vacant or abandoned buildings
- ☐ Basic services - need for better basic services such as food and health care
- ☐ Social engagement - improve the ability for residents to engage community services
- ☐

Other

31. Has your municipality's age/dementia-friendly effort identified specific goals related to any of these issues? *

☐ Yes

☒ No

32. If yes, what are they, and how are you doing in meeting these goals?

33. Have you assessed the assets and challenges for your municipality's current age/dementia-friendly aspirations? *

☐ Yes

☒ No

34. If no, are you planning to do so? What are there reasons you have been unable to do so to date? *

35. Either based upon your assessment or your own observations, what are your municipality's current age/dementia-friendly strengths or assets? *

36. Either based upon your assessment or your own observations, what are your municipality's current age/dementia-friendly weaknesses or challenges? *

37. Can you identify specific training or education needs that would help your municipality's age/dementia-friendly efforts? *

☐ Yes

☐ No

38. If yes, what are they?

39. Are there specific elected officials, commissioners, and/or municipal staff who are engaged on these issues? *

☐ Yes

☐ No

40. If yes, who?

41. Can you identify other individuals or groups from either within or nearby your municipality who would benefit from training/education about age/dementia-friendly strategies? *

☐ Yes

☐ No

42. If yes, who?

43. Please provide any additional information or comments your municipality would like to share as we consider your application. *

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