

START TIME: 9:00AM /**END TIME:** 11:00AM /**FACILITATORS:** Mayor Catherine Adduci, Village of River Forest, Chair and Kyle Smith, Housing & Community Development Director, Metropolitan Mayors Caucus

ATTENDEES: 53, Participant list can be found [here](#). A recording of the meeting can be found [here](#).

PRESENTERS & GUESTS:

- Emily Mueller, Illinois Housing Development Authority
- Sarah Chusid, Illinois Public Health Institute
- Dr. Lydia Manning, Concordia University
- Mike Steiner, Owner, Right at Home - Village of Grayslake
- Marla Fronczak, Chief Executive Officer, Age Guide
- Cherie Aschenbrenner, Community Outreach Specialist, City of Elgin

AGENDA ITEMS: (virtual agenda [here](#))

Welcome and Introductions

- Kyle Smith of Mayors Caucus leads introductions of all participants.
- Michele Mussman of District 56 notes a pressing issue to take note of affordable housing for seniors.

Announcement from Partners

[Emily Mueller, Illinois Housing Development Authority – Announcing Housing Blueprint Project - **Flyers Here**](#)

- Goal: capture housing metrics across the state and get a measure of how IHDA is performing. Striving to include diverse resident voices.
- Website: Hosting all materials and findings [here](#).
- CTA: hope to engage communities throughout the resident survey ([here - available in Polish, Spanish, Simplified Chinese and English](#)), and looking for organizations to host ‘listening tour’ virtual meetings throughout the state. [Community invitation here](#).
- Contact: emueller@ihda.org
- Further information
 - Presentation slides [here](#)
 - www.ilhousingblueprint.org

[Sarah Chusid – Illinois Transportation Enhancement – **Slides Here**](#)

- Illinois State Physical Activity & Nutrition Program: Built Environment Overview
- CDC Initiative: Active People Healthy Nation – Get 27 Million Americans Moving by 2027
 - Mayors as Physical Activity Champions: [resources](#) for municipalities to access information and funding for projects promoting physical activity in communities.
 - [Individuals and Families](#)
 - [Organizations](#)
 - [Community Champions \(Mayors\)](#) - Sign up for learning and funding opportunities
- Illinois Transportation Enhancement Program (ITEP) - funding for walking and biking projects in Illinois
 - Major new opportunity to fund projects in Illinois – \$105.6 million available
 - Deadline: Nov 2, 2020, Bi-Annual Funding Deadlines

- 3/3 Webinar Series on Applying for ITEP Funds – Wednesday, Oct 21st 11:30AM-1:00PM. [Register here](#). Access previous webinar recordings [here](#) ([Part 1](#) and [Part 2](#)).
- Contact: sarah.chusid@iphionline.org

Dr. Lydia Manning, Gerontology Program

- Applied Center for Gerontology received another round of funding. Funds available for Age Friendly Programming in partnership with MCC to go toward a month-long virtual convening.
 - Various target audiences, bringing in panels from other states and cities,
 - CTA: is this of interest to the communities?
 - 10-15 “thumbs up” received from Mayors, Trustees and representatives on the call.
- Lydia to put out a survey to ask what topics to be covered and make sure these topics are being addressed.
- Email ideas or questions: Lydia.Manning@cuchicago.edu

AFCC Program Development – Kyle Smith, Housing & Community Development Director, MMC - [Slides Here](#)

Overview of Committee Structure, Invitation to Be Involved

- Examples of MMC Community Development Committees
 - Housing & Community Development – discuss issues related to local housing
 - Chair: Mayor Jeffrey Sherwin of Northlake
 - Key accomplishments: Homes for a Changing Region; Regional Housing Solutions
 - Next Meeting: 11/19
 - Diversity Issues Task Force: Discuss issues related to diversity and engagement
- Committee membership is open to all mayors and representatives – invitation to join.

Intro to Grace Mueller, Greenest Region Compact Corps Member and AFCC Researcher

- Grace’s background is in social science research with a focus on disadvantaged communities in market-based societies. She holds a BS from the University of Texas at Austin and an MS from the University of Edinburgh. Please reach out to her with information on your local Age and Dementia Friendly meetings and/or with any questions about the Repository, AFCC at the Mayors Caucus or questions you may be interested in exploring through your local municipality. She looks forward to being in touch with you.
- Email: gmueller@mayorscaucus.org

Key Takeaways from AFCC Brainstorm

- Most Age/Dementia Friendly Efforts Are Early: Communities have passed resolutions and formed committees – still taking first steps
- Communities need more structure: a need for a clearer roadmap for communities to follow once resolving to become age and dementia friendly
- Members Could use a point person rather than recommendations
- Looking for strategic assessment, not planning documents
- Interest in emulating other regions

Concept to Retirement Research Foundation (RRF) - Training, Fellowships and Technical Assistance

- Training: **workshops**– 1-1 local workshops to help municipalities and AF committees create a roadmap on next steps. *Led by Planning/Aging.*
- Capacity: **fellowships**– provide fellows to advance efforts etc. *Facilitated by MMC.*
 - Goal: identify structure for a fellowship based on positive results from Dementia-friendly Oak Park
 - Steps: Identify a partnership program (today’s action) and create a “cohort structure” to help fellows learn from one another. Two Options:
 1. AmeriCorps via Serve Illinois — this is the MMC recommendation
 - a. Fulltime, one-year placements
 - b. Managed through MMC’s existing Greenest Region Corps, which serves 9 host Greenest Region Compact
 - c. Communities and other host sites contribute a stipend
 - d. MMC creates a cohort structure for Corps members, including shared drive of policies and grant applications
 - e. ****Application due Nov 29th 2020 for 2021-2022**
 2. Kott Gerontological Fellows
 - a. Via Kott Gerontology Institute
 - b. Part time, 9 months
 - c. Missed deadline for 2021
 - Email gmueller@mayorscaucus.org if your municipality is interested in participating in the AFCC Greenest Region Compact Corps Program. Decision anticipated in late November.
- Technical assistance: provide “quick action” assistance on housing, transportation, economic development and other areas to ongoing AF efforts. *Led by MAP.*

AFCC Repository Deep Dive – Brian MMC

- Overview of [AFCC Interactive Map](#) – Brian Tomkins, MMC Staff
- [Repository Deep Dive](#) – LaTiyfa Fields, MMC Staff
 - Encouragement to utilize these resources:
 - Local Resources – Illinois specific, includes age friendly tools you’ve developed
 - Resources for age friendly 8 policy domains
 - Business resources and COVID-19 resources (global strategies and action plans)

Introduction to MMC Energy Efficiency Project - Edith Makra, Director of Environmental Initiatives, MMC

[Slideshow: Optimizing Municipal Pathways to Engage Consumers in Smart Residential Energy - Slides Here](#)

- Potential Resources – connect what already exists to older residents and senior populations
 - Income Qualified
 - Low Income Home Energy* Assistance Program (LIHEAP)
 - Illinois Home Weatherization Assistance Program (IHWAP)
 - Energy efficiency kits – save up to \$76/yr
 - Available to all
 - Home energy assessments
 - Appliance rebates
 - Time-of-use programs
- Approach – identifying pathways within existing services/programs
 - Research pathways municipalities use to serve target residents especially low-income and senior. The same pathways could be used to deliver energy education.
 - Implement energy education and engagement through pathways to test effectiveness

- Innovate/integrate
- Feedback, Questions and Municipalities interested in clean energy initiative participation – Contact Cheryl cscott@mayorscaucus.org

SPECIAL TOPIC: Safety – Training First Responders on Dementia and Wanderings

Mike Steiner, Grayslake, Dementia-Friendly Effort - Slides Here

- Began to train with **AGE-u-cate** – dementia live program
 - Dementia LIVE Coach option
 - This feature was helpful to participants to help them pay attention even more
 - Gives caregivers the sense of what dementia might be like
- Training for Dementia Friendly Community Effort – slides here (can't see slides)
 - Next-level training for first responders
- Dementia Friendly Business Standards
 - Standards for IL organizations/first responders
 - Purple angel in the window of various businesses
- Ageucate.com Annual membership estimated at ~\$300

Marla Fronczak, Chief Executive Officer, Age Guide - Slides Here

- Dementia Friendly Training for First Responders
 - One Hour Training (Webinar) Objectives
 - Dementia-Friendly Business Standards
 - At least 50% of frontline staff participate in training
 - Management required to attend training
 - Team leader appointed as liaison
 - Open to discussion regarding environment changes to enhance safety
 - Commitment to share training with new hires and those who couldn't attend the original training
 - Agreement to annual on-sight follow-up visits
 - Benefits: Dementia-Friendly Organizations
 - Recognition as a community partner and social leader
 - Increased consumer satisfaction
 - Opportunities for publicity and marketing
 - Increased staff satisfaction
 - Providing better customer service and improved community relations
 - [Alzheimer's Video: First Responder Dementia](#) - simple strategy to be used to manage scenario
- AgeGuide Northeastern Illinois
 - Marla Fronczak: mronczak@ageguide.org
 - Colette Jordan: cjordan@ageguide.org
 - Additional resources listed in slides (resources to be added to repository as well)
 - Marla to provide list of age friendly businesses, missing from website
 - No charge for AgeGuide programs** - Question from City of Woodstock

Cherie Aschenbrenner, Community Outreach Specialist, City of Elgin – Attachments Here

- Family Finder Program – good best practice for communities
 - Just need a photo and a two page form ([attached here](#))
 - Photo comes up in NewWorld and for every single squad

- Confidentiality: Only for City of Elgin, confidential, 75 elderly dementia individuals 23 children with autism and 38 disabled. Updated every 5 years.
- Life-saving program. Highly recommend.
- Questions:
 - www.cityofelgin.org/familyfinder
 - Cherie: aschenbrenner_c@cityofelgin.org

Closing Remarks

- Next meeting: December 3, 2020 on ZOOM
 - Past meetings have discussed housing, transportation, health and safety
 - Remaining topic: community engagement
- Thank you!