MMC Age-friendly Communities Subcommittee First Meeting Summary, May 7, 2019 Municipal Policies and Interests by Issue Area

Administration: How do we get orient our agencies around aging?

- Enforcing codes to services
- Establishing elder rights

Housing: How do we adapt to changing housing needs?

Survey the needs of spaces needed:

- universal design
- home modifications
- housekeeping assistance

Affordable housing strategies:

- mortgage assistance programs
- ensuring ace
- ADA 10%

Land use strategies:

- Zoning
- ADU's
- Co-housing

<u>Transportation:</u> How do we coordinate and create new systems? Coordinating existing mobility options:

- Addressing public suburban transit boundary issues
- Transit planning
- Transit programs
- Transit services coordinator
- Ensuring universal access
- Paratransit studies

Addressing mobility through new systems:

- Call ride system
- Universal Access
- Community bus services
- Utilizing PACE services
- Uber and Lyft rides
- Residential Car Share

Safety

First responders training

- Establishing training programs
- Preparing first responders

Elder Abuse: how to identify it and address it

Communications: How can we get information out in the most effective way?

- Newsletters
- Entertainment
- Media
- ADA
- Pledges
- Brochures

<u>Human Services and Health:</u> How can we make services and health care affordable while also making sure it's good consistent quality?

- Survey services
- Provide proper care
- Effectively utilizing aging agencies
- Home healthcare agencies
- Have Care coordinators
- SHIP Website

<u>Community Engagement:</u> What programming and engagement helps bring together all ages? Senior Centers

- Schools for older adults

Engagement of all ages

- Programming effectively
- Identifying seniors and the age group breakdown
- Programming for 75-90-year-olds
- Consideration of language barriers in aging population

Senior Citizen Commissions

Active Aging: How can we address social isolation?

Memory groups

- Memory cafes (city owned land)
- Brain enrichment
- Memory care facilities
- Musical memories
- Identifying individuals