



Robert J. Nunamaker President, Village of Fox River Grove Executive Board Chairman

Rahm Emanuel
Mayor, City of Chicago
Executive Board 1st Vice Chairman

Joseph Mancino Mayor, Village of Hawthorn Woods Executive Board 2nd Vice Chairman

John A. Ostenburg Mayor, Village of Park Forest Executive Board Secretary

Agenda Environment Committee Meeting Active and Healthy Lifestyle Programs

February 21, 10:00 AM to 11:30 AM;
Optional indoor fitness walk, 11:30 AM to 11:45; Optional ARC tour til noon
ARC Center in Reed Keppler Park, 201 West National Street, West Chicago, IL 60185

Remote participation: View presentations at https://www.gotomeet.me/EdithMakra
Teleconference 888-585-9008, passcode 541 462 192 #

GRC2 Goal – Foster a culture of health safety and wellness.

GRC2 strategy - (SC12) "Collaborate to offer active and healthy lifestyle programs to residents"

1. Welcome and Introductions

- Mayor John Ostenburg, Village of Park Forest and Committee Chairman, Metropolitan Mayors Caucus
- Gary Major, Executive Director, West Chicago Park District

2. Creating a Healthy West Chicago

- Tammy Pressley, Director, Community and Government Affairs, Northwestern Medicine DuPage FORWARD and resulting initiatives
- Mayor Ruben Pineda
- Andi Cooper, Director, Healthy West Chicago
 Healthy West Chicago and Move with the Mayor

3. Active & Healthy Lifestyle Programs Led by Municipalities

- Carl Maniscalco, Fitness Center Director & Ross Klicker, Economic Development Coordinator Village of Niles
 Bike Niles
- Bob Flood, Assistant Director of Recreation, Village of Bensenville
 B Well Bensenville
- Karen Hawk, Assistant Director, Community Services, Erika Doroghazi, Program Coordinator, City of Evanston Streets Alive

4. Move with the Mayor

• Darwin Labarthe, M.D., M.P.H., Ph.D, Northwestern Univ. & Nat'l Forum for Heart Disease & Stroke Prevention Invitation to participate in Move with the Mayor

5. Discussion

Environment Committee support for America Walks <u>national vision</u> Move with the Mayor program

6. Walk and tour

All are invited to walk in ARC's indoor walking track with Mayor Pineda and tour the facility with Gary Major.

City of Chicago · DuPage Mayors and Managers Conference · Lake County Municipal League · McHenry County Council of Governments Metro West Council of Governments · Northwest Municipal Conference · South Suburban Mayors and Managers Association Southwest Conference of Mayors · West Central Municipal Conference · Will County Governmental League