

Agenda
Environment Committee Meeting
Active and Healthy Lifestyle Programs

February 21, 10:00 AM to 11:30 AM;
Optional indoor fitness walk, 11:30 AM to 11:45; Optional ARC tour til noon
ARC Center in Reed Kepler Park, 201 West National Street, West Chicago, IL 60185

Remote participation: View presentations at <https://www.gotomeet.me/EdithMakra>
Teleconference 888-585-9008, passcode 541 462 192 #

GRC2 Goal – Foster a culture of health safety and wellness.

GRC2 strategy – (SC12) “Collaborate to offer active and healthy lifestyle programs to residents”

1. Welcome and Introductions

- *Mayor John Ostenburg, Village of Park Forest and Committee Chairman, Metropolitan Mayors Caucus*
- *Gary Major, Executive Director, West Chicago Park District*

2. Creating a Healthy West Chicago

- *Tammy Pressley, Director, Community and Government Affairs, Northwestern Medicine
DuPage FORWARD and resulting initiatives*
- *Mayor Ruben Pineda*
- *Andi Cooper, Director, Healthy West Chicago
Healthy West Chicago and Move with the Mayor*

3. Active & Healthy Lifestyle Programs Led by Municipalities

- *Carl Maniscalco, Fitness Center Director & Ross Klicker, Economic Development Coordinator Village of Niles
Bike Niles*
- *Bob Flood, Assistant Director of Recreation, Village of Bensenville
B Well Bensenville*
- *Karen Hawk, Assistant Director, Community Services, Erika Doroghazi, Program Coordinator, City of Evanston
Streets Alive*

4. Move with the Mayor

- *Darwin Labarthe, M.D., M.P.H., Ph.D, Northwestern Univ. & Nat’l Forum for Heart Disease & Stroke Prevention
Invitation to participate in Move with the Mayor*

5. Discussion

Environment Committee support for America Walks [national vision](#)
Move with the Mayor program

6. Walk and tour

All are invited to walk in ARC’s indoor walking track with Mayor Pineda and tour the facility with Gary Major.